



Support Group List for Recovery from Addictions and More

12-Step Groups

- Adult Children of Alcoholics - <http://www.adultchildren.org/>
- Al-Anon/Alateen - <http://www.al-anon.alateen.org/>
- Cocaine Anonymous - <http://www.ca.org/>
- Co-Dependent's Anonymous - <http://www.codependents.org/>
- Compulsive Eaters Anonymous <http://www.ceahow.org/>
- Crystal Meth Anonymous <http://www.crystallmeth.org/>
- Debtors Anonymous - <http://www.debtorsanonymous.org/>
- Eating addictions anonymous - <http://www.eatingaddictionsanonymous.org/>
- Eating Disorders Anonymous <http://www.eatingdisordersanonymous.org/>
- Gamblers Anonymous - <http://www.gamblersanonymous.org/>
- GamAnon - family groups of gamblers - <http://www.gam-anon.org/>
- Marijuana Anonymous - <http://www.marijuana-anonymous.org/>
- Narcotics Anonymous - <http://www.na.org/>
- Nar-Anon - family groups of addicts - <http://www.nar-anon.org>
- Nicotine Addicts Anonymous - <http://www.nicotine-anonymous.org/>
- Overeaters Anonymous - <http://www.oa.org/>
- Sexaholics Anonymous <http://www.sa.org/>
- Sex Addicts Anonymous - <http://saa-recovery.org/>
- Survivors of Incest Anonymous - <http://www.siaawso.org/>
- Sex and Love Addicts Anonymous - <http://www.slaafws.org/>
- Spenders Anonymous - <http://www.spenders.org/>
- Workaholics Anonymous - <http://www.workaholics-anonymous.org>

Women for Sobriety founded by Jean Kirkpatrick in 1975. Go to <http://www.womenforsobriety.org> for literature and on-line support. New Life Acceptance Program: 13-steps based on metaphysical, empowering beliefs for women.

Master mind groups – A peer-lead group of like-minded people who want to support each other in improving life. See page 129 of From Sabotage to Success, Enlisting the Aid of Others. Go to <http://startamastermindgroup.com> to get free report about how to start a Master Mind group.

Counselor-Lead Groups – Divorce support, domestic violence groups, anger management, parenting, grief support etc. Look for listings in your area on the internet, in the Yellow Pages or small, local publications.

